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El Poder De Tu Belleza (Spanish Edition)



Synopsis

Being pretty is not everything, the image we Project to the world is made up of various aspects such as personality, intelligence, and self-esteem. In *El poder de la belleza*, Lucy Lara invites readers to embark on a quest of physical and psychological well-being to build upon interior beauty. This is a comprehensive guide that explains the importance of accepting ourselves to exploit our potential, because learning to be attractive plays a role in harmful behaviors such as obsessions of being perfect.

Book Information

Paperback: 260 pages

Publisher: Editorial Oceano de Mexico (October 1, 2016)

Language: Spanish

ISBN-10: 6077356891

ISBN-13: 978-6077356899

Product Dimensions: 6.6 x 0.6 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

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